



# North American San Shin Kai

## Testing Protocol: -- Things TO KNOW --

All considerations and nominations of juniors for dan promotion should be determined over long-term instruction and with dedicated observation by the instructor. **Impromptu notice and requests for dan testing at Summer Camp is PROHIBITED.**

- 1) **All test applications and forms MUST be mailed IN TANDEM with Summer Camp registration forms. Absolutely no test applications will be processed after the postmark. NO EXCEPTIONS.**
- 2) **Direct Instructor's permission is REQUIRED.**
- 3) **Proof of signature by direct instructor is REQUIRED.**
- 4) **Annual dues MUST be current and up to date with NASSK records for a minimum of 5 months prior to test date. *Annual dues cannot be paid at Summer Camp and expect to be eligible to test.***
- 5) **Late submission of testing applications (indicated by postmark date) will be forfeitted by Sensei Mitsuzuka.  
*Camp registration papers will still be processed with the addition of a \$50.00 late fee.***
- 6) Please fill out and submit **1** copy of the "Application for Dan Grades" form,  
Please fill out and submit **3** copies of the "Test Evaluation" form.
  - 6a) Please write your name on the *Application for Dan Grades* form as you would like it to appear on your certificate. For example, choose between full name vs. nick name, middle initial, etc. No titles.  
**NOTE: Sensei charges *double* for any re-issue of certificates for mistakes with names made by the applicant.**
  - 6b) Please indicate **ONLY** your Name, Member #, Present Rank and Rank testing for on the *Test Evaluation* form.
- 7) Please tender one payment for the appropriate **Certificate Fee** and another individual payment for the non-refundable **Test Fee** (\$25).  
(See "*Dan Test Certificate Fees*" chart for reference of Certificate Fee rates).
- 8) If in the event a *retest* is necessary, the **certificate fee** will be refunded back to the individual in full.  
The non-refundable **test fee** (\$25) is retained for each testing attempt.
- 9) A minimum of two seminars and a Summer Camp within a 12 month period, is required to qualify for dan promotion.

These protocols are designed to eliminate any confusion and to more efficiently process all aspects of test procedures. Being considered for promotion is stressful enough; we want all clerical elements of testing to be clear, organized and without errors. – Thank you! ...



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## -- Test Program & Requirements --

**General Notes:** “*Minimum length of training...*” refers to the number of years the candidate has been practicing since their start date. Extenuating circumstances of years spent on leave from regular training will be discussed with Sensei Mitsuzuka and Shihan Wehrhahn.

The test candidate will both be allowed to choose and be assigned kata to present.

“# *Kata of Discretion*” refers to the number of kata the candidate can expect to be assigned by the judges on the day of the test.

<b>Shodan:</b>	Minimum length of required training: <b>2 years</b>
	Required Curriculum: <b>Omori Ryu (5 total kata)</b>
	Mandatory Kata: <b>Shohatto, Batto</b>
	# Kata of Choice: <b>2</b>
	# Kata of Discretion: <b>1</b>

Know basic behaviors and correct sequence of movements within selected kata.  
Demonstrate your 5 kata in proper order as they are practiced in the Omori Ryu.

\*\*\* *Junto* is the technique to assist *Seppuku* (*Harakiri* suicide), and is not to be performed in promotional testing as an *unwritten rule*. This applies to all Dan tests *except* when the entirety of Shoden is required to be performed as a criterion for certain levels.

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<b>Nidan:</b>	Minimum length of required training: <b>4 years</b>
	Required Curriculum: <b>Omori Ryu (5 total kata)</b>
	Mandatory Kata: <b>Shohatto, Batto</b>
	# Kata of Choice: <b>2</b>
	# Kata of Discretion: <b>1</b>

Display comprehension of *Jo-Ha-Kyu*, (*Slow-Faster-Fastest*). Demonstrate your 5 kata in proper order as they are practiced in the Omori Ryu.

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<b>Sandan:</b>	Minimum length of required training: <b>6 years</b>
	Required Curriculum: <b>Omori Ryu (7 total kata)</b>
	Mandatory Kata: <b>Shohatto, Batto</b>
	# Kata of Choice: <b>4</b>
	# Kata of Discretion: <b>1</b>

Display a refined understanding of the events in each kata. Show strong spirit, composure and *zanshin*. Demonstrate your 7 kata in proper order as they are practiced in the Omori Ryu.

# -- Test Program & Requirements --

(Continued)

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**Yondan:** Minimum length of required training: **9 years**  
Required Curriculum(s): **Omori Ryu (all), Hasegawa Eishin Ryu (3 total)**  
~~Mandatory Kata:~~  
# Kata of Choice: **Hasegawa Eishin: 2**  
# Kata of Discretion: **Hasegawa Eishin: 1**

Exemplary technique, timing, spirit and composure. Strong *zanshin* and sense of imaginary opponent. Demonstrate all shoden kata and 3 chuden kata in proper order as they are practiced in the Omori Ryu and Hasegawa Eishin Ryu.

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**Godan:** Minimum length of required training: **12 years**  
Required Curriculum(s): **Omori Ryu (all),  
Hasegawa Eishin Ryu (7 total)  
Seitei Gata (3 total)**  
~~Mandatory Kata:~~  
# Kata of Choice: **Hasegawa Eishin: 5  
Seitei gata: 2**  
# Kata of Discretion: **Hasegawa Eishin: 2  
Seitei gata: 1**

Demonstrate all shoden kata, your 7 chuden kata and your 3 Seitei Gata in proper order as they are practiced in the Omori Ryu, Hasegawa Eishin Ryu and Seitei Gata curriculums



## North American San Shin Kai

# Dan Test Certificate Fees

Shodan:	2 years of training	\$125
Nidan:	4 years from start date	\$175
Sandan:	6 years from start date	\$225
Yondan:	9 years from start date	\$275
Godan:	12 years from start date	\$350

**\*\*\* Please submit TWO INDIVIDUAL checks.**

**One for your given certificate fee, listed above.  
(Refundable in the event you do not pass).**

**The other for a test fee. (\$25 NON-refundable)**

**Make both checks payable to: "San Shin Kai"**



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## Application for Dan Grades

I hereby apply to take the promotion test for the rank of \_\_\_\_\_ *dan*

Name \_\_\_\_\_ Member # \_\_\_\_\_

My present rank is \_\_\_\_\_ *dan*, received on the date \_\_\_\_\_

Applicant's signature \_\_\_\_\_ Date \_\_\_\_\_

Dojo affiliation \_\_\_\_\_

Dojo address \_\_\_\_\_

Instructor \_\_\_\_\_

Instructor's signature \_\_\_\_\_ Date \_\_\_\_\_

**This space is for official use only.**

Membership dues paid \_\_\_\_\_ Test fee paid \_\_\_\_\_

Test fee received by \_\_\_\_\_ Date received \_\_\_\_\_

Test results (circle one)      PASS      FAIL      Retest Date \_\_\_\_\_

Test committee members

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_



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## Test Evaluation

Test date _____	<b>Final test results</b>	
Location _____	<b>PASS</b> <b>FAIL</b>	<b>Retest Date</b> _____

Name \_\_\_\_\_ Member # \_\_\_\_\_

Present rank \_\_\_\_\_ Rank testing for \_\_\_\_\_

### I. *Kihon* (basics)

- *Tsuka no nigiri kate* (gripping the handle) \_\_\_\_\_
- *Nukitsuke* (drawing cut) \_\_\_\_\_
- *Furikaburi* (raising the sword) \_\_\_\_\_
- *Kirioroshi* (downward cut) \_\_\_\_\_
- *Te no uchi* (cutting technique) \_\_\_\_\_
- *Chiburi* (blood removal) \_\_\_\_\_
- *Noto* (resheathing) \_\_\_\_\_

### II. General form

- *Shisei* (posture) \_\_\_\_\_
- *Chakugan* (eye contact) \_\_\_\_\_
- *Kokyu* (breath control) \_\_\_\_\_
- *Kamae* (stance) \_\_\_\_\_
- *Seiza* \_\_\_\_\_
- *Tatehiza* \_\_\_\_\_
- *Ma ai* (distance) \_\_\_\_\_
- *Kihahu* (intensity) \_\_\_\_\_
- *Zanshin* (warrior spirit) \_\_\_\_\_
- *Machigai* (mistakes) \_\_\_\_\_

### III. Techniques

Name/style \_\_\_\_\_

- |          |           |
|----------|-----------|
| 1) _____ | 7) _____  |
| 2) _____ | 8) _____  |
| 3) _____ | 9) _____  |
| 4) _____ | 10) _____ |
| 5) _____ | 11) _____ |
| 6) _____ | 12) _____ |

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